

Wellness Bar Menu

C O L D

Kombucha on tap

Organic tea, organic real fruit, happy healthy cultures and the finest organic ingredients

\$13.50 per L
\$4.50 per cup

Water Kefir on tap

This probiotic beverage can help support digestion, immunity, energy, clarity & mood. By Happy Belly Ferments

\$13.50 per L
\$4.50 per cup

Tonics: How are you feeling?

\$5.50

Immunity

Designed to support the immune system in times of ills, chills and allergens

Energy

Designed to boost depleted energy stores and help get you going again

Clarity

Designed to help with concentration, mood and mental fatigue

Calm

Designed to relax and help in times of worry, stress and overwhelm

Tummy

Designed to de-bloat and ease tummy discomfort & nourish the digestive system

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H O T

Zen Latte **\$5.00**

Calms the gut and the mind, helping you find a moment of peace

Shroom Latte

Memory, mood, stress and immunity. A drink that elevates you to the next level **\$5.00**

Matcha Latte **\$5.00**

Aromatic morning matcha with soft coconut notes.

Spicy Maca Hot Chocolate **\$5.00**

A healthy, rich and creamy chocolate fix filled with vitamins and minerals to satisfy those cravings

Turmeric Latte **\$5.00**

Adapted from an Indian recipe, this liquid gold supports immunity & brings warmth

Bulletproof coffee **\$5.00**

An energizing, high performance drink that will leave you satisfied for hours.

Bone/Veg Broth **\$3.00**

Organic beef, chicken or vegetable broth to support gut health, bones and immunity

Teas **\$3.00**

A variety of warming and soothing teas with multiple benefits